

Kathy Caprino Bio

Kathy Caprino, M.A., is a nationally-recognized women's career, executive and entrepreneurial coach, marketing consultant, speaker, and author of [*Breakdown, Breakthrough: The Professional Woman's Guide to Claiming a Life of Passion, Power, and Purpose*](#). Founder/President of [*Ellia Communications, Inc.*](#) -- a career and executive coaching and consulting company dedicated to helping women achieve *breakthrough* to create live and work as they truly want it, Caprino is a trained psychotherapist, seasoned career coach, and sought-after writer and speaker on women's issues. She is a popular blogger on women's career topics and trends, and as a top media source, she has appeared in more than 100 leading newspapers and magazines and on national radio and television. Her current national research study focuses on [*Women Succeeding Abundantly*](#), and explores the key actions, beliefs, and choices made by women of all ages who are creating tremendous success and fulfillment in their lives and careers.

For more information, visit www.elliacommunications.com or write to Kathy at Kathy@elliacommunications.com.

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