



Litchfield County Women's Network

2009-2010

Membership Directory

LCWN Board

President	Chana M. Monahan	(860) 379-2974
Vice President	Jenny Drescher	(860) 716-0314
Treasurer	Natalie Clark	(860) 373-3115
Secretary	Patricia Shelesky, LMT	(860) 480-9444
Meetings	Jacqueline Kane	(860) 307-0232
Membership / Directory	open	
Newsletter	Natalie Clark	(860) 373-3115

2009 – 2010

Business Category	Member	Home Phone	Work Phone
<i>No Category Listed</i>			
	Mullin, Theresa	(860) 824-1217	
<i>Arts, Music & Theater</i>			
	Allen, Cynthia	(860) 567-9862	
	Barker, Lori	(860) 491-3514	(860) 491-3514
	Schempp, Gay	(860) 379-1592	
<i>Banking</i>			
	Staaf-Hoffman, Mona	(518) 789-3834	(860) 435-9801
	Woodin, Margaret	(860) 482-8072	
<i>Beauty/Personal</i>			
	Sangster, Pamela	(860) 417-3036	(203) 231-5515
	Smith, Susan	(860) 485-2663	(860) 485-2653
	Jennings, Lissa	(860) 283-5020	(203) 525-4687
<i>Coaching</i>			
	Drescher, Jenny	(860) 716-0314	(860) 716-0314
<i>Consulting</i>			
	Strand, Susan	(860) 482-6940	(860) 489-7575
<i>Finance, Financial Planning & Mortgages</i>			
	Alleman, Sharon	(860) 653-3399	(860) 313-7147
	Clark, Natalie	(860) 283-8873	(860) 373-3115
	Weiner, Stacie	(860) 824-0843	(860) 674-9114
<i>Florist/Gardening</i>			
	Skutt, Christine	(860) 489-3131	(860) 379-2626
<i>Fitness</i>			
	Honig, Diane	(860) 496-9606	
	Orelup, Karry	(860) 489-3243	
	Berano, Kristina	(860) 567-2163	(860) 626-9642
<i>Gifts</i>			
	Lindberg-Stevens, Tara	(860) 482-8207	(860) 496-7933
<i>Graphics/Web Design</i>			
	Monahan, Chana M.	(860) 379-2972	(860) 379-2974
<i>Health & Wellness</i>			
	Cannavo, Nancy J.	(860) 379-7144	(860) 496-6353
	Fairservis, Jenny	(860) 435-3069	(860) 459-4833
	Lavoie, Catherine	(203) 266-6142	(860) 488-1919
	Porlides, Barb	(860) 489-3514	(860) 489-3514
	Rydingsward, Stacielyn	(860) 738-8299	(860) 309-2256
<i>Home Maintenance & Repair Education</i>			
	Williams, Jo Anne	(860) 309-1463	(860) 309-1463
	Johnson, Corrine	(860) 868-1056	
<i>I-Commerce</i>			
	Tway-Grant, Faye	(860) 482-6845	(860) 482-6845

<i>Business Category</i>	<i>Member</i>	<i>Home Phone</i>	<i>Work Phone</i>
<i>Insurance</i>			
	Cohen, Jane		(860) 618-4426
	Gross, Elaine	(860) 482-5727	(860) 618-4427
	Robideau, Donna	(860) 496-1771	(860) 618-4423
	Torrence, CLTC, Maureen	(860) 261-5054	(860) 605-7732
<i>Journalism</i>			
	Bosco, Antoinette "Toni"	(203) 775-2612	(203) 775-2612
<i>Legal</i>			
	Mancini, Denise	(860) 379-9825	(203) 217-5023
	Nadeau, Ruth	(860) 618-2901	(860) 567-0828
	Vincenti, Donna	(860) 459-8357	(860) 435-2077
<i>Lodging</i>			
	Stuart Orlando, Mary		(860) 491-2260
<i>Massage Therapy</i>			
	Bashore, Jenna	(860) 489-0004	(860) 605-5651
	Kane, Jacqueline	(860) 496-9500	(860) 307-0232
	Shelesky, LMT, Patricia	(860) 738-3093	(860) 480-9444
	Smith-Litwin, Eileen	(860) 567-5980	
<i>Nutrition</i>			
	Smith, Maureen		(860) 307-7373
<i>Real Estate</i>			
	Dean, Ginger	(860) 567-0377	(860) 489-9000
	Fenty, JoAnn	(860) 482-4478	(860) 760-2732
	Miles, Joyce	(860) 480-2699	(860) 738-1902
<i>Research & Evaluation Services</i>			
	Carroll, Ph.D., Susan	(860) 489-2946	(860) 489-5639
<i>Scholarship</i>			
	Dileo, Cassie	(860) 201-5565	
	Muca, Irma	(860) 794-9330	
	Faulkner, Barbara	(860) 618-3146	
<i>Spiritual Guidance & Healing</i>			
	Kraft, Jan	(203) 525-5090	(203) 525-5090
	Ryan, Robin	(860) 626-0477	
<i>Travel</i>			
	Nikora, Maureen		(860) 489-7157

Sharon Alleman

Business Name: Sharon Alleman

Title: Financial Advisor

Category: Finance, Financial Planning & Mortgages

Business:

433 S. Main Street
West Hartford, CT, 6110

Home:

231 Salmon Brook Street
Granby, CT, 6035

Work: 860-313-7147

Home: 860-653-3399

Fax: 860-313-7272

Cell: 860-595-7757

Email: sharon.i.alleman@smithbarney.com

Website: <http://fa.smithbarney.com/sharonalleman>

Business Description:

Areas of Interest:

Cynthia Allen

Business Name: Cynthia Allen

Title: Professional Flutist & Flute Instructor

Category: Arts, Music & Theater

Business:

P.O. Box 994
Litchfield, CT, 6759

Home:

P.O. Box 994
Litchfield, CT, 6759

Work:

Home: 860-567-9862

Fax:

Cell:

Email: cynthiaflutist@yahoo.com

Website:

Business Description: Professional flutist and flute instructor. Available for parties, weddings and special events as well as flute instruction.

Areas of Interest:

All we do is network. All we do is network. All we do is network. All we do is network.

Lori Barker

Business Name: Lori Barker

Title: Artist

Category: Arts, Music & Theater

Business:

13 Bartholomew Hill
Goshen, CT, 6756

Home:

13 Bartholomew Hill
Goshen, CT, 6756

Work: 860-491-3514

Home: 860-491-3514

Fax:

Cell:

Email: lbarker2@optonline.net

Website: www.spiritcollage.com

Business Description: Mixed media art

Areas of Interest:

Jenna Bashore

Business Name: Bodhiworks, LLC

Title: Massage Therapist

Category: Health & Wellness

Business:

179 North Main Street
Winsted, CT, 6098

Home:

74 East Farms Road
Torrington, CT, 6790

Work: 860-605-5651

Home: 860-489-0004

Fax:

Cell:

Email: jenna@bodhiworksllc.com

Website: www.bodhiworksillc.com

Business Description:

Areas of Interest:

All we do is network. All we do is network. All we do is network. All we do is network.

Kristina Berano

Business Name: Shooting Star Yoga

Title: Yoga Teacher

Category: Health & Wellness

Business:

20 East Main Street, 3rd Floor
Torrington, CT, 6790

Home:

1230 Bantam Road
Bantam, CT, 6750

Work: 860-626-9642

Home: 860-567-2163

Fax:

Cell:

Email: shootingstaryoga@yahoo.com

Website: www.shootingstaryoga.org

Business Description: Yoga instruction and healing modalities

Areas of Interest: Yoga, Kirtan

Antoinette (Toni) Bosco

Business Name: Author

Title: Author, Syndicated Columnist

Category: Journalism

Business:

23 Stony Hill Road
Brookfield, CT, 6804

Home:

23 Stony Hill Road
Brookfield, CT, 6804

Work: 203-775-2612

Home: 203-775-2612

Fax:

Cell:

Email: anbosco@aol.com

Website: www.antoINETTEbosco.com

Business Description:

Areas of Interest:

All we do is network. All we do is network. All we do is network. All we do is network.

Nancy J. Cannavo

Business Name: CHH OUTPATIENT BEHAVIORAL HEALTH

Title: MSN RN-Homeless Outreach Clinician/Psychotherapist

Category: HEALTH & WELLNESS

Business:

540 Litchfield Street
Torrington, CT, 6790

Home:

121 Old North road
Winsted, CT, 6098

Work: 860-496-6353

Home: 860-397-7144

Fax: 860-496-6783

Cell: 860-733-5525

Email: ncannavo@hungerford.org

Website: www.charlettesweb.hungerford.org

Business Description: Behavior health/Mental health

Areas of Interest:

Susan Carroll, Ph.D

Business Name: Words & Numbers Research, Inc.

Title: President

Category: Research & Evaluation Services

Business:

P.O. Box 1373
Torrington, CT, 6790

Home:

1871 Mountain Road
Torrington, CT, 6790

Work: 860-489-5639

Home: 860-489-2946

Fax:

Cell:

Email: wordsnum@sent.net

Website: www.wordsandnumbers.org

Business Description: Provide information for strategic decision. Use main and phone surveys, focus groups, and in depth interviewing techniques.

Areas of Interest: Issues affecting adolescents girls.

All we do is network. All we do is network. All we do is network. All we do is network.

Natalie Clark

Business Name: Simple Business Solutions

Title: Owner

Category: Finance, Financial Planning & Mortgages

Business:

113 Williams Street
Thomaston, CT, 6787

Home:

113 Williams Street
Thomaston, CT, 6787

Work:

Home: 860-283-8873

Fax:

Cell: 860-373-3115

Email: qtinat@gmail.com

Website:

Business Description: Bookkeeping, Payroll Processing, Office Organization

Areas of Interest:

Jane Cohen

Business Name: Burns, Brooks and McNeil

Title: Account Executive

Category: Insurance

Business:

69 Water Street, P.O. Box 717
Torrington, CT, 6790

Home:

339 W. Wakefield Boulevard
Winsted, CT, 6098

Work: 860-618-4426

Home:

Fax: 860-496-4968

Cell:

Email: jcohen@burnsbrooksmcneil.com

Website: www.burnsbrooksmcneil.com

Business Description: Auto, home insurance (persoanl lines)

Areas of Interest:

All we do is network. All we do is network. All we do is network. All we do is network.

Ginger Dean

Business Name: Litchfield County Commercial, Realtors

Title: Vice President

Category: Real Estate

Business:

43 Daycoeton Place
Torrington, CT, 6790

Home:

197 Torrington Road
Litchfield, CT, 6759

Work: 860-489-9000

Home: 860-567-0377

Fax: 860-482-5020

Cell:

Email: gdean@lccre.com

Website: www.lccre.com

Business Description: Specializing in Commercial & Industrial Sales & Leasing, Land and Business Brokerage

Areas of Interest: Grandkids, Main home, cooking and wine

Cassie Dileo

Business Name: Charlotte Hungerford Hospital

Title: Patient Care Tech

Category: HEALTH & WELLNESS

Business:

Home:

541 East Main Street
Torrington, CT, 6790

Work:

Home: 860-201-5565

Fax:

Cell:

Email: assied85@yahoo.com

Website:

Business Description:

Areas of Interest:

All we do is network. All we do is network. All we do is network. All we do is network.

Jenny Drescher

Business Name: Jenny Drescher - Personal Coach

Title: Personal Coach

Category: HEALTH & WELLNESS

Business:

111 Riverton Road #38
Winchester, CT, 6098

Home:

111 Riverton Road #38
Winchester, CT, 6098

Work:

Home: 860-716-0314

Fax:

Cell: 860-716-0314

Email: drescher@gmail.com

Website:

Business Description: Working one on one or in groups with clients, I help people to create and sustain their best possible life, so that they truly love who they are and what their life looks like. Areas off focus often include goal creation and achievement, creating work-

Areas of Interest: Women's Issues

Jenny Fairservis L.Ac.

Business Name: Jenny Fairservis L.Ac.

Title: Acupuncturist & Oriental Medicine

Category: HEALTH & WELLNESS

Business:

43 Daycoeton Place, Torrington, CT
or 12 Poster Street, Lakeville, CT

Home:

P.O. Box 140, 97 Factory Street
Salisbury, CT, 6068

Work: 860-459-4833

Home: 860-435-3069

Fax:

Cell:

Email: jenny@jennylac.com

Website: www.jennylac.com

Business Description: Acupuncture and Oriental Medicine

Areas of Interest: Metaphysical studies

All we do is network. All we do is network. All we do is network. All we do is network.

Barbara Faulkner

Business Name: ABC Daycare

Title: Teacher ECE

Category: Education

Business:

Home:

19 Albany Street

Torrington, CT, 6790

Work:

Home: 860-618-3146

Fax:

Cell:

Email: barbarajf@hotmail.com

Website:

Business Description:

Areas of Interest:

JoAnn Fenty

Business Name: Chicago Title Insurance Co.

Title: Sales Representative

Category: Real Estate

Business:

Home:

10 Columbus Blvd.

53 Deepwood Road

Hartford, CT, 6106

Torrington, CT, 6790

Work: 860-760-2732

Home: 860-482-4478

Fax: 860-760-2782

Cell:

Email: fentyj@ctt.com

Website: www.cticct.com

Business Description: Title Insurance

Areas of Interest:

All we do is network. All we do is network. All we do is network. All we do is network.

Elaine Gross

Business Name: Burns, Brooks & McNeil

Title: Account Executive

Category: Insurance

Business:

69 Water Street
Torrington, CT, 6790

Home:

179 Doman Drive
Torrington, CT, 6790

Work: 860-618-4427

Home: 860-482-5727

Fax: 860-618-4462

Cell: 860-305-4208

Email: egross@burnsbrooksmcneil.com

Website: www.burnsbrooksmcneil.com

Business Description: Auto, home, umbrella insurance

Areas of Interest: Community and Education

Diane Honig

Business Name: Diane Honig

Title: Certified Personal Trainer

Category: HEALTH & WELLNESS

Business:

124 Old Farms Road
Torrington, CT, 6790

Home:

124 Old Farms Road
Torrington, CT, 6790

Work:

Home: 860-496-9606

Fax:

Cell: 917-842-7001

Email: dianehonig@yahoo.com

Website:

Business Description: In-home personal training. Specializing in functional training sports cross training, pilated mat, gentle senior fitness and pre/post-natal exercise.

Areas of Interest: One-on-One training or small groups

All we do is network. All we do is network. All we do is network. All we do is network.

Jacqueline Kane

Business Name: Therapeutic Massage Office

Title: Massage Therapist

Category: Health & Wellness

Business:

9 Norfolk Road
Torrington, CT, 6790

Home:

37 Dorothy Road
New Hartford, CT, 6057

Work: 860-307-0232

Home: 860-496-9500

Fax:

Cell:

Email: jkane20@charter.net

Website: www.therapeuticmassageoffice.com

Business Description:

Areas of Interest:

Jan Kraft

Business Name: Rev. Janet Lee Kraft

Title: Interfaith Minister

Category: Spiritual Guidance & Healing

Business:

53 Cole Street
Torrington, CT, 6790

Home:

53 Cole Street
Torrington, CT, 6790

Work: 203-525-5090

Home: 203-525-5090

Fax:

Cell:

Email: jleekraft@msn.com

Website: www.janetleekraft.com

Business Description: Ministry

Areas of Interest: Environmental education, writing

All we do is network. All we do is network. All we do is network. All we do is network.

Denise Mancini

Business Name: Mannix & Mancini

Title: President

Category: Legal

Business:

536 Wheeler Point
Winsted, CT, 6098

Home:

536 Wheeler Point
Winsted, CT, 6098

Work: 203-217-5023

Home: 860-379-9825

Fax: 860-379-2561

Cell:

Email: dmancini9825@charter.net

Website:

Business Description: Freelance stenographer

Areas of Interest:

Joyce Miles

Business Name: Sullivan Real Estate

Title: Real Estate Agent

Category: Real Estate

Business:

45 Park Place
Winsted, CT, 6098

Home:

83 Hillside Ave.
Winsted, CT, 6098

Work: 860-738-1902

Home: 860-480-2699

Fax:

Cell:

Email: jmiles1@earthlink.net

Website:

Business Description: Residential and commercial real estate

Areas of Interest: Decorating, gardening, being as green as possible!

All we do is network. All we do is network. All we do is network. All we do is network.

Chana M. Monahan

Business Name: Greenhouse Graphics, LLC

Title: Owner

Category: Graphics/Web Design

Business:

203 Danbury Quarter Road
Winchester, CT, 6098

Home:

203 Danbury Quarter Road
Winchester, CT, 6098

Work: 860-379-2974

Home: 860-379-2972

Fax: 860-379-5506

Cell:

Email: smf@mygreengraphics.com

Website: www.mygreengraphics.com

Business Description: Design of marketing materials; website development, hosting, promotional material items and domain name registration

Areas of Interest: Antiques, Old Homes, Nature

Irma Muca

Business Name: Angel Home Care

Title: CAN

Category: HEALTH & WELLNESS

Business:

Home:

19 East Pearl Street
Torrington, CT, 6790

Work:

Home: 860-794-9330

Fax:

Cell:

Email: irmamuca@sbcglobal.net

Website:

Business Description:

Areas of Interest:

All we do is network. All we do is network. All we do is network. All we do is network.

Theresa Mullin

Business Name: Theresa Mullin

Title:

Category:

Business:

Home:

P.O Box 111

Falls Village, CT, 6031

Work:

Home: 860-824-1217

Fax:

Cell:

Email:

Website:

Business Description:

Areas of Interest:

Ruth Nadeau

Business Name: Ackerly Brown LLP

Title: Attorney

Category: Legal

Business:

Home:

782 Bantam Road, P.O. Box 815

Bantam, CT, 6750

E73 Hunter Court

Torrington, CT, 6790

Work: 860-567-0828

Home: 860-618-2901

Fax: 860-567-5844

Cell: 860-798-5718

Email: rnadeau@ackerlybrown.com

Website: www.ackerlybrown.com

Business Description: Law firm with concentrations in family law, civil litigation & probate litigation

Areas of Interest: Reading, hiking, volunteering

All we do is network. All we do is network. All we do is network. All we do is network.

Maureen Nikora

Business Name: Mighty Motion Travel

Title: Owner

Category: Travel

Business:

Home:

11 Windsor Lane

New Hartford, CT, 6057

Work: 860-489-7157

Home:

Fax: 860-496-8833

Cell:

Email:

Website:

Business Description: Maureen provides personal assistance in planning and booking all travel needs. Advice on internet booking. Specializing in Hawaii, Australia and cooking tours.

Areas of Interest: Big Brothers/Big Sisters Program. Lyme disease support group.

Karry Orelup

Business Name: Becoming Balanced

Title: Owner

Category: HEALTH & WELLNESS

Business:

Home:

224 E. Main Street

15 Charles Street

Torrington, CT, 6790

Torrington, CT, 6790

Work:

Home: 860-489-3243

Fax:

Cell: 860-309-2709

Email: karry@becomingbalanced.com

Website: www.BecomingBalanced.com

Business Description: Pilates/Movement

Areas of Interest: Health Issues

All we do is network. All we do is network. All we do is network. All we do is network.

Barb Porlides

Business Name: Panacea - Healing for Body and Soul

Title: Owner

Category: Health & Wellness

Business:

239 Country Club Road
Torrington, CT, 6790

Home:

239 Country Club Road
Torrington, CT, 6790

Work: 860-294-1296

Home:

Fax:

Cell:

Email: panacea_healing@yahoo.com

Website:

Business Description: Holistic Healing: Provide an all inclusive experience and allow the client and body to heal itself!

Areas of Interest:

Donna Robideau

Business Name: Burns, Brooks & McNeil

Title: Account Executive

Category: Insurance

Business:

69 Water Street
Torrington, CT, 6790

Home:

78 Meadowbrook Lane
Torrington, CT, 6790

Work: 860-618-4423

Home: 860-496-1771

Fax: 860-496-4968

Cell:

Email: drobideau@burnsbrooksmcneil.com

Website: www.burnsbrooksmcneil.com

Business Description: Group and Individual Life and health Insurance

Areas of Interest:

All we do is network. All we do is network. All we do is network. All we do is network.

Robin Ryan

Business Name: Robin Ryan

Title: Holistic Practitioner

Category: Spiritual Guidance & Healing

Business:

Home:

P.O. Box 533 - 7 Cedar Lane

New Hartford, CT, 6057

Work:

Home:

Fax:

Cell:

Email:

Website: www.robinryan@snet.net

Business Description: Intuitive angel card readings, energy healing using essential essences.

Areas of Interest:

Stacielyn Rydingsward

Business Name: Herbal Sense

Title: Owner

Category: HEALTH & WELLNESS

Business:

Home:

686 Main Street (w/ Soleil Healing)

Winsted, CT, 6098

155 Danbury Quarter Road

Winchester, CT, 6098

Work: 860-309-2256

Home: 860-738-8299

Fax:

Cell:

Email: srydingsward@charter.net

Website:

Business Description: Holistic Wellness Center: Reflexology, Reiki, Herbal Supplies and Custom Herbal Remedies

Areas of Interest: Gardening, Hiking, Camping

All we do is network. All we do is network. All we do is network. All we do is network.

Pamela Sangster

Business Name: Better Living, LLC.

Title: Health & Beauty Consultant

Category: Beauty/Personal

Business:

37 Maple Avenue
Oakville, CT, 6779

Home:

37 Maple Avenue
Oakville, CT, 6779

Work: 203-231-5515

Home: 860-417-3036

Fax: 484-231-5515

Cell:

Email: pam.betterliving@gmail.com

Website: www.motivescosmetics.com/psangster

Business Description: Enhance your natural beauty with custom cosmetics, mixed just for you to complement your coloring. Also offering weight management and nutrition consultation.

Areas of Interest:

Gay Schempp

Business Name: Gay E. Schempp

Title: Artist, Teacher, Creativity Retreat Leader

Category: Arts, Music & Theater

Business:

Whiting Mills
Winsted, CT, 6098

Home:

857 E. Wakefield Boulevard
Winsted, CT, 6098

Work:

Home:

Fax:

Cell:

Email: gayzeh@charter.net

Website: www.gayschempp.com

Business Description: Artist, Teacher, Creativity Retreat Leader

Areas of Interest: Roman Empire, Italian Language

All we do is network. All we do is network. All we do is network. All we do is network.

Patrícia Shelesky, LMT

Business Name: A New Day Therapeutic Massage, LLC

Title: Licensed Massage Therapist

Category: Massage Therapy

Business:

686 Main Street (w/Soleil Healing)
Winsted, CT, 6098

Home:

105 Pinney Street
Winsted, CT, 6098

Work: 860-480-9444

Home: 860-738-3093

Fax:

Cell:

Email: patshelesky@sbcglobal.net

Website:

Business Description: Massage therapy, relaxation, pregnancy, hot stone, deep tissue.

Areas of Interest:

Christine Skutt

Business Name: Christine's Flower Shoppe

Title: Owner

Category: Florist/Gardening

Business:

920 Main Street
Winsted, CT, 6098

Home:

91 Eno Avenue
Torrington, CT, 6790

Work: 860-379-2626

Home: 860-489-3131

Fax:

Cell: 860-380-7457

Email: cskutt@sbcglobal.net

Website: www.christinesflowershoppe.com

Business Description: Full-service florist specializing in wedding flowers, plant sitting, floral design classes. Home decorating services available.

Areas of Interest: Travel

All we do is network. All we do is network. All we do is network. All we do is network.

Maureen Smith

Business Name: A Worthy Goal

Title: Executive

Category: HEALTH & WELLNESS

Business:

3925 Toringford Street

Torrington, CT, 6790

Home:

Work: 860-307-7373

Home:

Fax:

Cell:

Email: maureen@aworthygoal.com

Website: www.aworthygoal.com

Business Description: Wellness, Weight Loss

Areas of Interest: Wellness, weight loss, toxicity, nutritional cleansing, speaking engagements.

Susan Smith

Business Name: Mary Kay, Inc.

Title: Independent Sales Director

Category: Retail

Business:

37 North Road

Harwinton, CT, 6791

Home:

37 North Road

Harwinton, CT, 6791

Work: 860-485-2653

Home:

Fax:

Cell:

Email:

Website: www.marykay.com/ssmith20

Business Description: Skin Care & Cosmetic Sales

Areas of Interest:

All we do is network. All we do is network. All we do is network. All we do is network.

Eileen Smith-Litwin

Business Name: Retired Massage Therapist

Title: Massage Therapist

Category: Massage Therapy

Business:

Home:

67 Litwin Road

Litchfield, CT, 6759

Work:

Home: 860-567-5980

Fax:

Cell:

Email: eslitwin@optonline.net

Website:

Business Description:

Areas of Interest:

Mona Staaf-Hoffmann

Business Name: Salisbury Bank and Trust Company

Title: Mortgage Adviser

Category: Banking

Business:

Home:

P.O. Box 1868

P.O. Box AM

Lakeville, CT, 6039

Millerton, NY, 12546

Work: 860-435-9801

Home: 518-789-3834

Fax: 860-435-4005

Cell: 860-248-0867

Email: mona@salisburybank.com

Website: www.salisburybank.com

Business Description: Mortgage advisor and originator loan officer

Areas of Interest: Cooking

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Susan Strand

Business Name: EEW Management, Incorporated

Title: President

Category: Consulting

Business:

715 Main Street
Torrington, CT, 6790

Home:

860 Main Street
Torrington, CT, 6790

Work: 860-489-7575

Home: 860-482-6940

Fax: 860-482-6714

Cell:

Email: ssstrand@eewm.com

Website: www.eewm.com

Business Description: Provide environmental, health and safety consulting to manufacturers and property owners throughout New England

Areas of Interest:

Mary Stuart Orlando

Business Name: Mary Stuart House Bed & Breakfast

Title: Proprietress

Category: Lodging

Business:

160 Sharon Turnpike
Goshen, CT, 6756

Home:

160 Sharon Turnpike
Goshen, CT, 6756

Work: 860-491-2260

Home:

Fax: 860-491-2260

Cell:

Email: mary@marystuarthouse.com

Website: www.marystuarthouse.com

Business Description:

Areas of Interest: Gardening, Sports

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Maureen Torrence, CLTC

Business Name: Maureen A Torrence, CLTC

Title: Long Term Care Insurance Specialist

Category: Insurance

Business:

199 Main Street
Torrington, CT, 6790

Home:

P.O. Box 216
Thomaston, CT, 6787

Work: 860-605-7732

Home: 860-261-5054

Fax:

Cell:

Email: mtorrenceltc@aol.com

Website:

Business Description:

Areas of Interest:

Faye Tway-Grant

Business Name: T-G Associates

Title: Owner

Category: I-Commerce

Business:

877 Mountain Road
Torrington, CT, 6790

Home:

877 Mountain Road
Torrington, CT, 6790

Work: 860-482-6845

Home: 860-482-6845

Fax:

Cell: 860-601-0986

Email: fayetway@yahoo.com

Website: www.FTGteam.com

Business Description: Linking people to profits via the internet

Areas of Interest: musicals, concerts, theatres

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Donna D. Vincenti

Business Name: Law Offices of Donna D. Vincenti

Title: Attorney

Category: Legal

Business:

P.O. Box 1399

Lakeville, CT, 6039

Work: 860-435-2077

Fax: 860-435-0589

Email: donna@cottonhilllaw.com

Website: www.cottonhilllaw.com

Business Description: Attorney for trusts, estates, real estate, tax-exempt organization law

Areas of Interest:

Home:

P.O. Box 450

New Hartford, CT, 6057

Home: 860-459-8357

Cell: 860-459-8357

Stacie Weiner

Business Name: RBC Wealth Management

Title: VP - Financial Consultant

Category: Finance, Financial Planning & Mortgages

Business:

50 Castle Street, Suite 1

Great Barrington, MA, 1230

Work: 413-747-6322

Fax: 413-747-6301

Email: stacie.weiner@rbc.com

Website: www.rbc.com

Business Description: Financial planning, investments, pension plans and individual investments

Areas of Interest: Working with small business owners

Home:

P.O. Box 218

Falls Village, CT, 6031

Home: 860-824-0843

Cell: 800-677-9114

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Jo Anne Williams

Business Name: Tomboy Tools

Title: Skilled Consultant

Category: Home Maintenance & Repair, Education

Business:

192 Carriage Lane
Torrington, CT, 6790

Home:

192 Carriage Lane
Torrington, CT, 6790

Work: 860-309-1463

Home: 860-309-1463

Fax:

Cell:

Email: hdcjw@yahoo.com

Website: www.tomboytools.com

Business Description: Tomboy Tools is dedicated to empowering women and building confidence through education, quality tools and an independent business opportunity. WOMEN. TOOLS. KNOWLEDGE. Pass It On!

Areas of Interest:

Margaret Woodin

Business Name: Margaret Woodin

Title: Retired Banker

Category: Banking

Business:

Home:

193 Lincoln Avenue
Torrington, CT, 6790

Work:

Home: 860-482-8072

Fax:

Cell:

Email: wwoodin@snet.net

Website:

Business Description:

Areas of Interest:

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Tara Lindberg-Stevens

Business Name: Candy Bouquet

Title: Owner

Category: Gifts

Business:

P.O Box 101
Torrington, CT, 6790

Home:

73 Shirley Road
Torrington, CT, 6790

Work: 860-496-7933

Home: 860-482-8207

Fax:

Cell: 203-444-7192

Email: candybouquet6530@gmail.com

Website: candybouquet.com

Business Description: Candy bouquets are the delicious alternative to flowers that never fade, wilt or die, and a one-of-a-kind gift that will make a lasting impression.

Areas of Interest:

Lissa Jennings

Business Name: Silpada Design

Title: Independent Silpada Designs Representative

Category: Beauty/Personal

Business:

550 Fenn Road
Thomaston, CT, 6787

Home:

550 Fenn Road
Thomaston, CT, 6787

Work:

Home: 860-283-5020

Fax:

Cell: 203-525-4687

Email: lissa.jennings@snet.net

Website:

Business Description: High quality sterling silver jewelry with a lifetime replacement guarantee.

Areas of Interest: wellness, bowling and crafts

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Corinne Johnson

Business Name: Pinnacle Valley Plumbing LLC

Title: Vice President

Category: Home Maintenance & Repair Education

Business:

35 Sunset Lane
Washington, CT, 6794

Home:

35 Sunset Lane
Washington, CT, 6794

Work:

Home: 860-868-1056

Fax:

Cell:

Email: stargazer4492@charter.net

Website:

Business Description: Plumbing services for both residential & commercial properties. Repair, replace, remodel services for both residential and commercial properties; new construction, service work specializing in water heater replacement. Licensed and insured.

Areas of Interest:

Catherine A Lavoie, MSN, APRN

Business Name: Creative Stress Management

Title: Principle

Category: Health & Wellness

Business:

10 Cobble Court, #6
Litchfield, CT, 6759

Home:

78 East Street
Bethlehem, CT, 6751

Work: 860-488-1919

Home: 203-266-6142

Fax: 877-567-6451

Cell: 860-488-1919

Email: catherinelavoie@me.com

Website: creativestressmanagement.org

Business Description: Stress management through integrative behavioral health.

Areas of Interest: Mental health, quilting, photogray, nature

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